



Grand Hotel Park

## GRAND AROMA SPA

WELLNESS &amp; SPA

MASAŽE TIJELA  
BODY MASSAGES

## Grand Aroma

ruža/rose losion  
narandža/orange losion

73€/550.02 kn

50 min

Relaxing massage bathed in the fragrances of Mediterranean aromatic orange or rose balsams.

Medicinska masaža  
Medical massage

80€/602.76 kn

50 min

Using natural organic immortelle oil, this massage helps to reduce pain and tension done by medical - trained therapist

Sportska masaža  
Sport massage

85€/640.43 kn

50 min

Very strong pressure massage with 100% organic Adriatic oil

Relax antistress  
full body, head and foot massage

85€/640.43 kn

60 min

Very light pressure massage eliminates stress and restores the balance of body and mind with organic oil

Četveroručna masaža  
4 hands massage

115€/866.47 kn

45 min

Massage that has 2 therapists for one client and increases the level of muscle relaxation and massage benefits with natural organic Adriatic oil

Antiage masaža kokosom  
Coconut anti age massage

60€/452.07 kn

45 min

Very relaxing full body treatment with gentle touch helps in preventing inflammation, premature aging, cellulite and stretch marks.

## PARCIJALNA MASAŽA

leđa/back & vrat/neck  
lice/face & tjeme/scalp  
masaža stopala/foot massage

20 min

20 min

20 min

33€/248.64 kn

## Bamboo ritual/Bambus ritual

Masažni rituel tijela uključuje peeling tijela česticama bambusa, masažu tijela uz upotrebu bambusovih elemenata te arganovog ulja i mlijeka organskog porijekla.

The body massage ritual includes body peeling with bamboo particles, body massage with the use of bamboo elements and organic argan oil and milk

90€/678.11 kn  
60 min

## Opsidian Organic Massage Ritual

Organiski peeling tijela, masaža tijela te kratka njega lica uz upotrebu organskih hranjivih proizvoda i crnog kristala Obsidiania.

Organic body peeling, body massage and short facial treatment with the use of organic nourishing products and the black Obsidian crystal

100€/753.45 kn  
75 min

## Rahima relax total body

Ceremonija tijela i duha uključuje peeling granulama vanilije, masažu tijela, stopala i ruku Mango maslacem te uljem Jojobe, macadamiae i Marule.

Jedinstven doživljaj koji će koži podariti sjaj i vitalnost.

The body and spirit ceremony includes peeling with vanilla granules, massage of the body, feet and hands with Mango butter and Jojoba, macadamia and Marula oil. A unique experience that will give the skin shine and vitality.

100€/753.45 kn  
75 minRITUALI  
RITUALS

## MADEROTERAPIJA / MADEROTHERAPY

1 tretman  
5 tretmana  
10 tretmana

33€/ 248.64 kn

150€/1130.18 kn

265€/1996.64 kn

## SPA BODY CARE &amp; PEELINGS/SCRUBS

Organic sweet body scrub  
Organic activating body peeling for all skin types

26€/ 195.90 kn

26€/ 195.90 kn

20 min

Adriatic scrub  
Salt scrub with almond oil and marigold essential oil

## LICE ~ FACE

Antiage tretman lica + masaža ruku  
anti age power & hand massage80€/602.76 kn  
60 minHidratacijski tretman lica + masaža ruku  
hydro power & hand massage70€/527,42 kn  
60 minTretman lica za osjetljivu kožu  
Sensitive skin26€/195,90 kn  
20 min

Cupping lift face

60€/452,07 kn  
50 min

Cupping lift face + Masaža lica, vrata, dekoltea i tjemena face, neck, decollette, scalp massage

50€/376.73 kn  
35 minMasaža lica + peeling  
face massage & scrub47€/354.12 kn  
60 min

Lash lift

## MANIKURA ~ MANICURE

Klasična manikura + lak  
Classic manicure + nail polish

40€/301.38 kn

Klasična manikura + trajni lak  
Classic manicure + permanent polish

66€/497.28 kn

Spa njega ruku  
Peeling/scrub + masaža/massage

33€/248.64 kn

Trajni lak/permanent polish

33€/248.64 kn

Skidanje trajnog laka  
Soak off

20€/150.69 kn

Lakiranje/Nail polish

13€/97.95 kn

## PEDIKURA ~ PEDICURE

Klasična pedikura + peeling + obični lak  
Classic pedicure + scrub + nail polish

44€/331.52 kn

Klasična pedikura + peeling + trajni lak  
Classic pedicure + scrub + permanent polish

53€/399.33 kn

Skidanje trajnog laka / Soak off

20€/150.69 kn

Trajni lak/permanent polish

33€/248.64 kn

Lakiranje / nail polish

13€/97.95 kn

Spa njega stopala + peeling + masaža  
Foot spa + peeling + massage

50€/376.73 kn

## DEPILACIJA ~ WAXING

Depilacija leđa/prsa  
waxing back and chest25€/188.36 kn  
40 minNoge + bikini zona  
Full legs + bikini line40€/301.38 kn  
60 minCijele noge  
Full legs33€/248.64 kn  
40 minPotkoljenice  
Lower legs

23€/173.29 kn

Brazilská depilace  
Brazilian waxing27€/203.43 kn  
40 minBrazilská depilace  
sa šéćernom pastom33€/248.64 kn  
45 minBikini  
Bikini line13€/97.95 kn  
20 minNadusnice  
brada

10€/75.35 kn

Nadusnice  
brada (šéćerna  
pasta) - upper lip13€/97.95 kn  
20 min

Pazuh/underarm

13€/97.95 kn  
20 min

Brazilian waxing with sugar paste

15€/113.02 kn  
20 min

## STRETCH &amp; EXERCISE

Ponedjeljak - Srijeda - Petak  
Monday - Wednesday - Friday

08:00 - 09:00 sati

One class (group)  
per personIndividual class  
per person

## YOGA CLASS

Utorak - Četvrtak  
Tuesday - Thursday

08:00 - 09:00 sati

Yoga class (group)  
per person

Individual class

60€/452.07 kn  
60 min

## SWIMMING TIME

Individualni sat na upit  
Individual class on request60€/452.07 kn  
60 minSOLARIJ/  
SOLARIUM

5 min

10 min

15 min

5€/37.67 kn

8€/60.28 kn

12€/90.41 kn

## PARK SPORT

## Bazen/pool

1 mjesec/month 47€/354.12 kn  
dnevna karta/ 15€/ 113.02kn  
daily

## Sauna

1 mjesec/month 47€/354.12 kn  
dnevna karta/ 15€/ 113.02kn  
daily

## Teretana/gym

1 mjesec/month 55€/414.4 kn  
dnevna karta/ 15€/ 113.02kn  
daily

## Bazen/pool + Sauna

1 mjesec/month 67€/504.81 kn  
dnevna karta/ 27€/ 203.43kn  
daily

## Teretana/gym + Sauna

1 mjesec/month 67€/504.81 kn  
dnevna karta/ 27€/ 203.43kn  
daily

## Bazen/pool + Teretana/gym

1 mjesec/month 67€/504.81 kn  
dnevna karta/ 27€/ 203.43kn  
dailyPARK PAKET - Bazen/pool +  
Teretana/Gym + Sauna1 mjesec/month 90€/678.11 kn  
dnevna karta/ 40€ / 301.38 kn  
daily

## PRIVATE GYM

Korištenje privatne dvorane  
Private gym 40€/301.38 kn  
60 minDROP IN PO UPITU  
DROP IN ON REQUESTPRIJAVA ZA GRUPE TRENINGA -  
JEDAN DAN ranije na recepciju  
Wellness/ Sign up one day earlier on  
reception of Wellness

## RESERVATIONS

PHONE: +385 20 434 832

E-MAIL: grandspa@grandhotel-park.hr

1 € = 7.53450 kn